

The background of the entire page is a photograph of a breakfast spread. On the left, there is a white cutting board with various fruits: a cluster of dark blueberries, a pile of bright yellow mango cubes, and several halved strawberries. In the center, a white plate holds several golden-brown hash browns. To the right of the plate, there are two red and white containers of Yoplait yogurt, one labeled 'original' and the other 'strawberry'. Further right is a glass carafe filled with dark syrup, likely maple syrup, and a silver spoon resting on a white surface.

BREAKFAST MENU

SUGAR FREE CEREALS: (WITH THE OPTION OF HONEY AS A NATURAL SWEETENER).

CORNFLAKES

WEETABIX

CHEERIOS

RICE KRISPIES

VEGAN SAUSAGE OR HASH BROWN IN A BREAKFAST MUFFIN

SNACK CHOICES

JELLY SQUEEZE

YOGHURT & STRAWBERRY MINI RICE CAKES

FRESH FRUIT

DRIED FRUIT

CHOCOLATE/ STRAWBERRY/ BANANA FLAVOURED MILK

POPCORN

PROPER CRISPS

SMOOTHIES

BREAKFAST BARS

FRIUT POTS

VEGETABLES (SUGAR SNAP PEAS & BABY CORN)