WARREN WEAVERS MENU
Week 2

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| B | Sugar free cereals | Sugar free cereals | Sugar free cereals | Sugar free cereals | Sugar free cereals |
| R | Porridge | Porridge | Porridge | Porridge | Porridge |
| E |  |  |  |  |  |
| A K | Toast with sunflower spread, jam honey | Toast with sunflower spread, jam honey | Toast with sunflower spread, jam honey | Toast with sunflower spread, jam, honey or | Toast with sunflower spread, jam, honey |
| F | spread, jam, honey or marmite | spread, jam, honey or marmite | spread, jam, honey or marmite | spread, jam, honey or marmite | spread, jam, honey or marmite |
| A |  |  |  |  |  |
| S | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| T | Yoghurt | Yoghurt | Yoghurt | Yoghurt | Yoghurt |
|  | Fruit Juice, milk or water | Fruit Juice, milk or water | Fruit Juice, milk or water | Fruit Juice, milk or water | Fruit Juice, milk or water |


|  | On arrival at Weavers the children are offered individually packaged dried fruit such as raisins or apricots or fresh fruit. |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \mathrm{T} \\ & \mathrm{E} \\ & \mathrm{~A} \end{aligned}$ | Bubble Crumb Salmon Or Veggie nuggets Chips <br> Peas \& Sweetcorn | Chicken/Quorn Goujon Wraps <br> Salad | Veggie Meatball Bolognese <br> Salad | Baguette Subway with choice of fillings: <br> Cheese, Tuna Mayo or Ham. <br> Waffle Fries <br> Vegetable Sticks | Cheesy Pasta or Tomato \& Herb Pasta <br> Broccoli |
| Dessert | Bourbon Biscuits | Mango Sorbet | Chocolate ice cream (non-dairy strawberry tub for milk allergies) | Pip Organic Berry Lolly | Pineapple in Juice |
| BOLD TYPE INDICATES SUITABLE FOR VEGETARIANS/VEGETARIAN OPTION. WATER IS ALWAYS AVAILABLE THROUGHOUT THE SESSION, PLEASE ENSURE YOUR CHILD HAS A NAMED WATER BOTTLE. ALLERGIES CAN BE CATERED FOR PROVIDING WE ARE MADE AWARE OF THE DIETARY NEEDS IN ADVANCE. |  |  |  |  |  |

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