

WARREN WEAVERS MENU

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
B	Sugar free cereals	Sugar free cereals	Sugar free cereals	Sugar free cereals	Sugar free cereals
R	Porridge	Porridge	Porridge	Porridge	Porridge
E	Toast with sunflower spread, jam, honey or marmite	Toast with sunflower spread, jam, honey or marmite	Toast with sunflower spread, jam, honey or marmite	Toast with sunflower spread, jam, honey or marmite	Toast with sunflower spread, jam, honey or marmite
A					
K					
F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
A	Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
S					
T	Fruit Juice, milk or water	Fruit Juice, milk or water	Fruit Juice, milk or water	Fruit Juice, milk or water	Fruit Juice, milk or water

	On arrival at Weavers the children are offered individually packaged dried fruit such as raisins or apricots or fresh fruit.				
T	Chicken/ Quorn in Korma sauce OR Sweet & Sour Sauce	Sliced Turkey/ Quorn Burger	Cheese & Tomato Pizza	Pasta in tomato and basil sauce	Fish Bites / Quorn Sausages
E	Rice	Roast Potatoes			Potato Puffs
A	Baby Carrots	Broccoli	Vegetable Sticks	Salad	Mixed Vegetables
Dessert	Chocolate ice cream (non-dairy strawberry tub for milk allergies)	Pip Organic Berry Lolly	Bourbon Biscuits	Mango sorbet	Fruit Cocktail

BOLD TYPE INDICATES SUITABLE FOR VEGETARIANS/VEGETARIAN OPTION. WATER IS ALWAYS AVAILABLE THROUGHOUT THE SESSION, PLEASE ENSURE YOUR CHILD HAS A NAMED WATER BOTTLE. ALLERGIES CAN BE CATERED FOR PROVIDING WE ARE MADE AWARE OF THE DIETARY NEEDS IN ADVANCE.

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